

## Breakfast

(Served all day 7am – 7 pm)

### Eggs

Cooked to order with your choice of breakfast sides

### Omelets

*Ham and Cheese* – Smoked ham and cheddar and Monterey jack cheese

*Mexican* - Sausage, tomato, onion, jalapeno bell peppers and cheese

*Western* - Ham, sausage, bacon, bell peppers, onion, mushrooms and cheese

### Biscuits and Gravy

Southern style biscuit with old fashioned white peppered gravy

### Blueberry Pancakes

Regular or sugar free syrup on the side. Gluten free choice available

### Covington's Supreme Oatmeal

Whole grain oats with berries, pecans and brown sugar

### Hot or Cold Cereal

Corn Flakes, Fruit Loops, Raisin Brand, Special K, Oatmeal, Cream of Wheat

### French Toast

Homemade egg battered, with a hint of cinnamon and spices, grilled to perfection

### Belgian Waffle

Golden-brown waffle, crispy outer texture; regular or sugar free syrup on the side

### Buttermilk Pancakes

Regular or sugar free syrup on the side. Gluten free choice available

### Breakfast Sides

Bacon  
Sausage Links  
Sausage Patty  
Turkey Patty  
Turkey Bacon  
Hash Browns  
Grits

Fresh Fruit  
Cottage Cheese  
Greek Yogurt  
Mandarin Segments  
Diced Pears  
Diced Peaches  
Pitted Prunes

Biscuits  
Cinnamon Raisins  
Toast  
White Toast  
Wheat Toast  
English Muffins  
Corn Tortilla  
Flour Tortilla

## Starters

### Chicken Wings

Bone in or boneless breaded chicken, deep-fried with your choice of buffalo or BBQ sauce

### Shrimp Cocktail

Everyone's favorite appetizer, served with cocktail sauce and lemon wedge

### Fresh Veggie Platter

Baby carrots, celery, broccoli and cherry tomato, served with a side of ranch

### Mozzarella Sticks

Italian seasoned breaded mozzarella sticks, served with warm marinara sauce

### Fried Green Beans

Green onion battered, deep fried and served with a side of ranch dressing

### Hummus

Your choice of plain or roasted pepper hummus, served with warm pita bread or pita chips

## Soups

### Soup of the Day

Chicken Noodle      Spring Minestrone  
Low Sodium Tomato Bisque      Low Sodium Chicken Noodle

## Salads

### Covington Salad

Grilled chicken, salmon or shrimp on a bed of spring mix greens, raisins, walnuts, blue cheese crumbles, side of raspberry vinaigrette dressing

### Broccoli Salad

Tiny broccoli florets, bacon pieces, chopped onion, nuts and dried fruit kissed with our homemade creamy slaw-style dressing; served on a bed of lettuce and club crackers

### Chicken Caesar Salad

Chopped romaine lettuce, croutons, parmesan cheese and grilled chicken breast on top served with a side of Caesar dressing

### Fiesta Taco Salad

Layered tri-color chips, with your choice of ground beef or fajita grilled chicken, black beans, iceberg lettuce mix, tomato and shredded cheese, served with picante salsa and sour cream

Dressing Options

Blue Cheese, Balsamic Vinaigrette, Honey Mustard, Italian, Ranch, Raspberry Vinaigrette, Thousand Island

## Sandwiches

### Bacon Chicken Sandwich

Your choice of crispy or grilled chicken breast on a white gluten free bun with lettuce, tomato, onion, swiss cheese and bacon

### Classic Burger

A lean ground beef patty grilled to order, served on a grilled bun with lettuce, onion, tomato, and pickles

### Croissant Sandwich

Flaky croissant bread with your choice of chicken salad, tuna salad, ham or turkey and cheese, with a side of lettuce and tomato

### Grilled Cheese Sandwich

The American Classic; grilled bread of your choice, sharp cheddar cheese, add bacon or tomatoes if you wish

### Pimento Cheese Sandwich

Spread blend of pimento and cheeses on your choice of bread

### Chicken Fried Steak Sandwich

Crispy tender cubed chicken deep fried steak, served on white bun, with lettuce, tomato, red onions and swiss cheese

### Club Sandwich

Grilled sliced turkey and ham, swiss cheese, cheddar cheese, bacon, lettuce and tomato on toasted white or wheat bread

### Garden Burger

Juicy veggie meatless burger, served on white seeded gluten free bun with leaf lettuce, tomato, avocado and red onions

### Salmon Sandwich

Lemon and peppered grilled salmon on a white seeded gluten free bun with mixed greens, tomato, avocado, red onion, and dill tartar sauce

### Tuna Melt

Toasted tuna salad sandwich, served on your choice of bread, tomato slices and sharp cheddar cheese

## Entrees

### Grilled Chicken

Marinated chicken breast grilled to perfection, with your choice of sides

### Pasta Alfredo

Your choice of shrimp or chicken on a bed of fettuccine with creamy alfredo sauce and garlic toast

### Grilled Fish

Salmon or tilapia, with your choice of side, lemon and dill tartar sauce

### Spaghetti and Meatballs

Homemade meatballs with marinara sauce served on a bed of spaghetti noodles and garlic toast