

Sun

Mon

Tue

Wed

Thu

Fri

Sat



March 2023

1.
9:30 Mornings w/Sarah
10:00 Catholic Communion
10:00 America's Historical Genealogy w/Michael McCoy
1:00 Wednesday's Featured Film "Elvis"
4-5 Angie's Senior Spin Class
4:00 Happy Hour
5:45 Bible Study w/Stacey

2. **Dr. Seuss Day**
10:00 Aqua Fit
10:30 Cell Phone Help
1:00 Town Hall Meeting
2:30 Ca\$h Bingo
3:30 Dr. Seuss Read by Jerry Rickerts
4:00 Happy Hour

3.
9:30 Donuts & Coffee w/Universal Home Health
10:00 Bible Study
1:00 Activity Meeting
1:30 30 Min Leg Exercise
3:00 Shopping at Target
2:30 Education w/Angie (Head Posture)
4-5 Angie's Senior Spin Class
4:00 Happy Hour

4.
1:00 Quarter Bingo
2:30 Ice Cream Floats
4:00 Happy Hour

5.
1:00 Candy Bingo
2:00 Recorded Church Service
4:00 Happy Hour

6. **National Oreo Cookie Day**
11:00 Tai Chi w/Ron
12:30 UpWords
2:00 Zumba
3:00 Oreo Taste Testing Social
4-5 Angie's Senior Spin Class
4:00 Happy Hour
4-6 Girl Scouts Cookies

7.
10:00 Aqua Fit
10:00 Shopping at Walgreens
1:30 Craft w/Whitney
2:30 Candy Bingo
3:00 Unbreakable Brain
4:00 Happy Hour
5:30 Music w/Barbara Poppe
6:00 Family Council Meeting

8. **International Women's Day**
9:00 Reba's Place
9:30 Mornings w/Sarah
10:00 Catholic Communion
10:00 America's Historical Genealogy w/Michael McCoy
12:30 New Resident & Ambassador Luncheon
1:00 Wednesday's Featured Film "Breakfast at Tiffany's"
1:00 Bible Study w/Keith Roberson
3:00 Famous Women's Trivia
4-5 Angie's Senior Spin Class
4:00 Happy Hour
5:45 Bible Study w/Stacey

9.
10:00 Aqua Fit
10:00 Handwriting Class w/Whitney
12:30 Sequence
2:30 Ca\$h Bingo
3:00 Wii Bowling
4:00 Happy Hour

10.
9:30 Donuts & Coffee w/Universal Home Health
10:00 Bible Study
12:00 Shopping at Marshalls
1:30 Sit and Stretch
3:00 World Geography JINGO
4-5 Angie's Senior Spin Class
4:00 Happy Hour

11.
1:00 Grab Bag Bingo
2:30 Ice Cream Sundaes
4:00 Happy Hour

12. **Daylight Saving Time**
1:00 Music w/Gathan Graham
1:00 Candy Bingo
2:00 Church Service w/Pam & Bobby Long
4:00 Happy Hour

13.
11:00 Tai Chi w/Ron
1:00 Arts Council Art Class
2:00 Balance w/Angie/Mark Bernnaman
Introduction to Breathing w/Yoga
3:00 Shopping at Goodwill Thrift Store
4-5 Angie's Senior Spin Class
4:00 Happy Hour

14. **National Pi Day**
10:00 Aqua Fit
10:00 Shopping at Walmart
1:00 Craft w/Traditions HH
2:30 Candy Bingo
3:00 Password
3:00 Unbreakable Brain
4:00 Happy Hour & Pie Social

15. **Party Day!**
9:30 Mornings w/Sarah
10:00 Catholic Communion
10:00 America's Historical Genealogy w/Michael McCoy
1:00 Wednesday's Featured Film "Julie & Julia"
1:00 Bible Study w/Keith Roberson
4:30 St Patrick's Party
6:00 McTeggart Irish Dancers

16.
10:00 Aqua Fit
10:30 Cell Phone Help
11:30 Monthly Birthday Party w/ Travis Wackerly
1:00 Alzheimer's Talk w/Carla
2:30 Ca\$h Bingo
4:00 Happy Hour

17. **St. Patrick's Day (Wear Green)**
9:30 Donuts & Coffee w/Universal Home Health
10:00 Bible Study
1:00 Shopping at Walgreens
3:00 Craft w/Complete HH
4-5 Angie's Senior Spin Class
4:00 Happy Hour

18.
1:00 Quarter Bingo
2:30 Ice Cream Floats
4:00 Happy Hour

19.
1:00 Candy Bingo
2:00 Village Baptist Church
4:00 Happy Hour

20. **First Day of Spring**
11:00 Tai Chi w/Ron
12:00 Cornhole
2:00 Balance Class
3:00 Shopping at Painted Door
4-5 Angie's Senior Spin Class
4:00 Happy Hour

21.
10:00 Aqua Fit
10:00 Shopping at Walmart
2:30 Candy Bingo
3:00 Unbreakable Brain
3:00 Sequence
4:00 Happy Hour
5:30 Music w/Barbara Poppe

22.
9:00 Oklahoma Aquarium & Jenks Restaurant
9:30 Mornings w/Sarah
10:00 Catholic Communion
10:00 America's Historical Genealogy w/Michael McCoy
1:00 Wednesday's Featured Film "Saving Mr. Banks"
1:00 Bible Study w/Keith Roberson
4-5 Angie's Senior Spin Class
4:00 Happy Hour
5:30 Bible Study w/Stacey

23.
10:00 Aqua Fit
11:00 Wood Craft w/Jim
2:30 Ca\$h Bingo
4:00 Cell Phone Help
4:00 Happy Hour
6:00 Music w/Ric Gorden

24.
9:30 Donuts & Coffee w/Universal Home Health
10:00 Bible Study
1:00 Shopping at Walgreens
3:00 Music w/Baritones
4-5 Angie's Senior Spin Class
4:00 Happy Hour

25.
11:00 Music w/June Carter
1:00 Grab Bag Bingo
2:30 Ice Cream Sundaes
4:00 Happy Hour

26.
11:00 Sunday Brunch
1:00 Candy Bingo
1:00 Music w/Gathan Graham
2:00 Resident Led Service
4:00 Happy Hour

27.
11:00 Tai Chi w/Ron
1:00 Arts Council Art Class
2:00 Balance Class
3:00 Shopping at Dollar Tree
4-5 Angie's Senior Spin Class
4:00 Happy Hour

28.
10:00 Aqua Fit
10:00 Shopping at Walmart
2:30 Candy Bingo
3:00 Unbreakable Brain
4:00 Happy Hour
4:30 Dinner Out: Casa Perico Mexican Restaurant

29.
9:30 Mornings w/Sarah
10:00 Catholic Communion
10:00 America's Historical Genealogy w/Michael McCoy
1:00 Wednesday's Featured Film "Walk the Line"
1:00 Bible Study w/Keith Roberson
2:00 Garden Clean Up
4-5 Angie's Senior Spin Class
4:00 Happy Hour
5:30 Bible Study w/Stacey

30.
10:00 Aqua Fit
10:00 Painting Class w/Billie Joe Reid
11:00 Scams Alert Talk w/ Sheryl Presley from OKCPD
2:30 Ca\$h Bingo
4:00 Happy Hour

31.
9:30 Donuts & Coffee w/Universal Home Health
10:00 Bible Study
1:00 Shopping at Walgreens
3:00 Craft w/Complete HH
4-5 Angie's Senior Spin Class
4:00 Happy Hour

Theater 
Bistro 
Library 
Club Room 
Activity Rm North 
Card Room 
Pool 
Game Room 
Dining Room 
Gym 