

Sun

Mon

Tue

Wed

Thu

Fri

Sat



SEPTEMBER

2022

<p>1. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Pamper Me, Spa Day 11:30 Lunch 2:00 Happy Hour 3:00 Pamper Me, Spa Day</p>	<p>2. 9:30 Spark & Hydration 10:00 The Circle 10:30 Coffee & Donuts 11:30 Lunch 1:00 Balloon Painting 2:00 Happy Hour 3:00 Picture Puzzle 5:00 Music w/ Doug Stan-</p>	<p>3. 9:30 Spark & Hydration 10:00 The Circle 10:30 Smash Painting 11:30 Lunch 1:00 Relaxation & Massages 2:00 Happy Hour 3:00 Movie & Popcorn</p>
<p>4. 9:30 Gospel Music 10:00 Bible Verses 10:30 Stretch & Flex 11:30 Lunch 1:00 I Spy 2:00 Happy Hour 3:00 Seasonal Water Bottles</p>	<p>5. 9:30 Coffee & Jokes 10:00 News 10:30 Body Balance 11:30 Lunch 1:00 Music, Meditation, Massages 2:00 Happy Hour 3:00 Scavenger Hunt</p>	<p>6. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Acorn Donut Holes 11:30 Lunch 1:00 M&M's 2:00 Happy Hour 3:00 Bingo w/Michelle From Traditions HH</p>
<p>7. 9:30 Coffee & News 10:00 Music w/ Isaac Family 11:30 Lunch 1:00 Bowling 2:00 Happy Hour 3:00 Shaving Cream Tables</p>	<p>8. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Pamper Me, Spa Day 11:30 Lunch 2:00 Happy Hour 3:00 Pamper Me, Spa Day 5:00 Party : Alzheimer's Association Benefit Dinner ft. Guitarist Edgar Cruz</p>	<p>9. 9:30 Spark & Hydration 10:00 The Circle 10:30 Coffee & Donut Social 11:30 Lunch 1:00 Aroma Therapy Relaxation 2:00 Happy Hour 3:00 Noodle Doodle</p>
<p>11. 9:30 Gospel Music 10:00 Bible Versus 10:30 Stretch & Flex 11:30 Lunch 1:00 I Spy 2:00 Happy Hour 3:00 Balloon Game</p>	<p>12. 9:30 Coffee & Jokes 10:00 News 10:30 Body Balance 11:30 Lunch 1:00 Music, Meditation, Massages 2:00 Happy Hour 3:00 Scavenger Hunt 3:30 Music w Gathen Graham</p>	<p>13. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Candy Crush Bingo 11:30 Lunch 1:00 Hunger Fighters: Fruit Whippers 2:00 Ice Cream Sundae's w/ Traditions HH 3:00 Paper Plate Fans</p>
<p>14. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Music w/ Jeremy Smith 11:30 Lunch 1:00 Baby Food Game 2:00 Happy Hour 3:00 Jelly Fish Craft</p>	<p>15. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Pamper Me, Spa Day 11:00 Birthday Party w/ Travis Wackerly 11:30 Lunch 2:00 Happy Hour 3:00 Pamper Me, Spa Day 4:00 Music w/Gary Parks</p>	<p>16. 9:30 Spark & Hydration 10:00 The Circle 10:30 Coffee & Donuts 11:30 Lunch 1:00 Picture Bingo 2:00 Happy Hour 3:00 Fall Welcome Signs 5:00 Music w/ Doug Stanford</p>
<p>18. 9:30 Gospel Music 10:00 Bible Versus 10:30 Stretch & Flex 11:30 Lunch 1:00 I Spy 2:00 Happy Hour 3:00 Toilet Paper Roll Craft</p>	<p>19. 9:30 Coffee & Jokes 10:00 News 10:30 Body Balance 11:30 Lunch 1:00 Music, Meditation, Massages 2:00 Happy Hour 3:00 Scavenger Hunt</p>	<p>20. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Bird Seed Cookies 11:30 Lunch 1:00 M&M's 2:00 Happy Hour 3:00 Bird House Craft</p>
<p>21. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Music w/ Isaac Family 11:30 Lunch 1:00 Fall Leaf Craft 2:00 Happy Hour 3:00 Minecraft: Slime</p>	<p>22. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Pamper Me, Spa Day 11:30 Lunch 2:00 Music w/Rick Gordon 3:00 Pamper Me, Spa Day</p>	<p>23. 9:30 Spark & Hydration 10:00 The Circle 10:30 Coffee & Donut Social 11:30 Lunch 1:00 Aroma Therapy Relaxation 2:00 Happy Hour 3:00 Remember Me Trivia</p>
<p>25. 9:30 Gospel Music 10:00 Bible Versus 10:30 Stretch & Flex 11:30 Lunch 1:00 I Spy 2:00 Happy Hour 3:00 Pinecone Turkey/Pumpkins</p>	<p>26. 9:30 Coffee & Jokes 10:00 News 10:30 Body Balance 11:30 Lunch 1:00 Music, Meditation, Massages 2:00 Happy Hour 3:00 Scavenger Hunt 3:30 Music w Gathen Graham</p>	<p>24. 9:30 Spark & Hydration 10:00 Music w/ June Carter 11:30 Lunch 1:00 Boom, Boom Balloon 2:00 Happy Hour 3:00 Movie & popcorn</p>
<p>27. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Info on Botanical Gardens 11:30 Lunch 1:00 Outing: OKC Botanical Gardens 2:00 Happy Hour 3:00 Rock Paint</p>	<p>28. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Cup Toss 11:30 Lunch 1:00 Guess the Smell 2:00 Happy Hour w/ Holly form Emerald HH 3:00 Rock Paint</p>	<p>29. 9:30 Coffee & News 10:00 Stretch & Flex 10:30 Pamper Me, Spa Day 11:30 Lunch 2:00 Happy Hour 3:00 Pamper Me, Spa Day</p>
<p>30. 9:30 Spark & Hydration 10:00 The Circle 10:30 Coffee & Donut Social 11:30 Lunch 1:00 Aroma Therapy Relaxation 2:00 Happy Hour 3:00 Candy Crush Bingo</p>		